

Private Yoga Experiences

Yoga for retreats, celebrations, women's gatherings & special events

A private yoga experience designed around your group. Whether you're gathering to celebrate, connect, recharge or simply try something different, each session meets participants where they are. No particular level of experience or flexibility is required—just come as you are.

WHAT TO EXPECT

Each 60-minute experience follows a simple format: time to arrive and breathe, a yoga practice customized to your group, and a final period of rest or guided relaxation. Before the event, we'll talk about your group's experience level, preferred style and intensity, and any theme or intention you'd like woven into the practice.

PRICING

Up to 10 participants \$150

11–20 participants \$200

More than 20 Custom quote

TRAVEL

Travel within 30 miles is included. Events beyond the standard service area may be available for an additional fee.

INCLUDED

- 60-minute customized yoga experience
- Breathwork and final relaxation
- All-levels approach
- Up to 10 yoga mats available
- Personalized theme, style & intensity

BOOKING

A 50% deposit reserves your date. Deposits are refundable with at least 7 days' notice and nonrefundable within 7 days of the event. All participants complete a digital waiver before participating.

LET'S CREATE SOMETHING THAT FITS YOUR GROUP

Send me a message on Facebook to start the conversation. I'll send you a short inquiry form so I can learn a little more about your event and confirm availability.